

ALSTON MOOR
TEN YEARS AS A SOCIAL ENTERPRISE PLACE
Cumbria Social Enterprise Partnership

The Alston Moor Safari
14th July 2023



Working for **Cumberland Council** and
Westmorland & Furness Council

RHEGED





Alston Moor Partnership aims to ensure that our community can flourish as a place to live and work. Informed by the Community Plan, we aim to further the well-being of all members of the community. One of the key ways we do this is through successful grant applications for projects which benefit Alston Moor. We identify potential projects, seek out grant funding available, employ project workers and manage projects. Currently, the Townscape Heritage Project is renovating the shop fronts on Front Street.

Website: <https://www.alstonmoorpartnership.co.uk/>

Alston Moor Fitness is a community gym based in Alston and open on a 24/7 basis for fitness buffs from both local and outside areas. Though Alston Moor Fitness is a limited company, all of its profits are poured back into the gym itself, making it truly a community effort.

Most of the membership sign-ups now generated by Alston Moor Fitness result from recommendations provided by people who have had positive experiences at this gym. Website: <https://alstonmoorfitness.co.uk/>



ALSTON WHOLEFOODS

Ethical Grocer & Delicatessen since 1998

Based in Alston, England's highest market town and at the heart of the North Pennines AONB, we run a small specialist wholefood shop and delicatessen.

Established in 1998, we are a Workers Cooperative dedicated to supplying carefully sourced, quality products at reasonable prices. Our aims are to support local producers, reduce food miles and promote fairtrade.

Website: <https://alstonwholefoods.com/>

Charge My Street is a community benefit society which installs and operates over 150 community EV chargepoints, raising money through community shares & public funding. Their vision is for every home to be within a 5-minute walk of a chargepoint, giving residents without off-street parking the opportunity to switch to an electric vehicle, lowering CO2e & improving air quality across England.

Website: <https://chargemystreet.co.uk/>



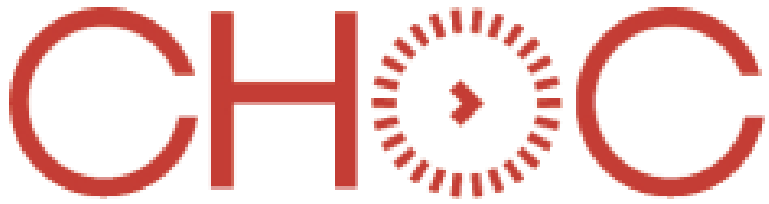


The Chat Room



The Chat Room CIC is a community facility set up in a rural Cumbrian town of Alston Moor in a bid to curb loneliness. The Chat Room launched on Saturday, October 1 2022, opposite the Town Hall.

Formed as a response to the pandemic when loneliness was felt especially strongly in Alston due to its relative remoteness, it is not a café but it is simply somewhere where people can pop in and have a chat over a cup of tea or coffee.



Cumbria Health on Call

Cumbria Health on Call (CHoC) provides primary health care services in and out of hours to the population of Cumbria. Operating from 17 clinical sites and one central hub ensures access to CHoC is maximised throughout the Out of Hours period, 68% of the total week. CHoC also operate day time services to support the Cumbrian health economy and ensure that patients have appropriate access to high quality services. CHoC also hold the contracts for the rural GP practices in Glenridding Health Centre, Windermere and Bowness Medical Practice and Alston Medical Practice.

Website: <https://www.chocltd.co.uk/>

Run as a community interest company for the benefit of isolated residents, the snowploughs provide round the clock coverage for the remote communities surrounding Nenthead on Alston Moor which often see heavy snowfall over the winter months. Tony Pennell, a retired engineer and long-time snowplough operator, has been recognised for his outstanding dedication to his community with an well deserved Inspiring Eden award.

Follow on: <https://www.facebook.com/NentheadSnowPlough/>



Nenthead Snowplough

the HIVE

NENTHEAD

In the heart of Nenthead, housed in a stunning, restored Wesleyan Chapel is The Hive. In the area's mining heyday, the chapel was the centre of community life. Now, with the support of the National Lottery Heritage Fund it has once again been brought to life. Come to admire this superb restoration with its magnificent organ and period features. Come to enjoy music or one of our other live events and view the art in our exciting gallery space. Come for the great food cooked on the premises by our expert team. Come to experience one of England's trail-blazing villages, its unforgettable landscape and the buzz of The Hive – a space to refresh and relax, meet and mingle, create and explore.

Website: <https://hivenenthead.co.uk/>

Nenthead Community Shop and Post Office, established as community owned co-operative, provides the local Nenthead village with valuable retail outlet and post office, following the closure of the local services.

Owned by the local community, the co-operative delivers a viable local enterprise in the village.

Website: <https://www.uk.coop/directory/nenthead-community-shop>



Finally ...

A special post breakfast, pre safari treat for those delegates staying at the Westmorland Hotel, a tour of the Growing Well kitchen garden at the Northbound Westmorland Tebay Services.



The Growing Well 'HQ' is a six-acre organic fruit and vegetable farm on the outskirts of Kendal at Low Sizergh Farm, in South Cumbria, part of the National Trust's Sizergh estate. We have been tenants of the organic dairy farm since our founders set up a horticulture enterprise for mental health in 2004. Since then we've grown in size, including our 'sister site' ... a 1.4-acre kitchen garden at Tebay and have helped hundreds of people recover from mental health challenges, with our unique approach to recovery through supported activity in the outdoors, within a real-world horticulture enterprise, supported and guided by experienced therapeutic growers and mental health support staff.

Website: <https://www.growingwell.co.uk>



Cumbria Social Enterprise Partnership (CSEP) <https://secumbria.org.uk/> was formed in 2003, it became a fully constituted membership organisation in 2005 and since then CSEP has helped lever-in over £1.75m of support to development of the Cumbrian Social Enterprise sector. CSEP is managed by an elected Steering Group, which is made up of representatives from Social Enterprises and other organisations involved in the Social Enterprise sector in Cumbria.

The objectives of the Partnership are:

- To increase the formation, growth and survival rates of Cumbrian Social Enterprises.
- To improve information and communication both between and outside the Cumbrian social enterprise sector
- To grow market opportunities for Cumbrian social enterprises.
- To represent the interests of the Cumbrian social enterprise sector.
- To work with local, regional national and transnational bodies to strengthen the sector.

We have a range of fully funded support programmes to help you get your idea off the ground and to support your social enterprise. Contact us info@secumbria.org.uk